The Poquoson Kiwanis Club Presents:

Mackenzie's 5K Run / Walk

A kickoff event for the Poquoson Seafood Festival
Timed by Peninsula Track Club
Supporting Mackenzie Clarke, college scholarships and MPS

Saturday October 6, 2012

Registration: 7:00 - 7:50 a.m.

Run/Walk Start Time: 8:00 a.m.

Poquoson High School, 51 Odd Rd

SERVING THE CHILDREN OF THE WORLD
KIWANIS INTERNATIONAL

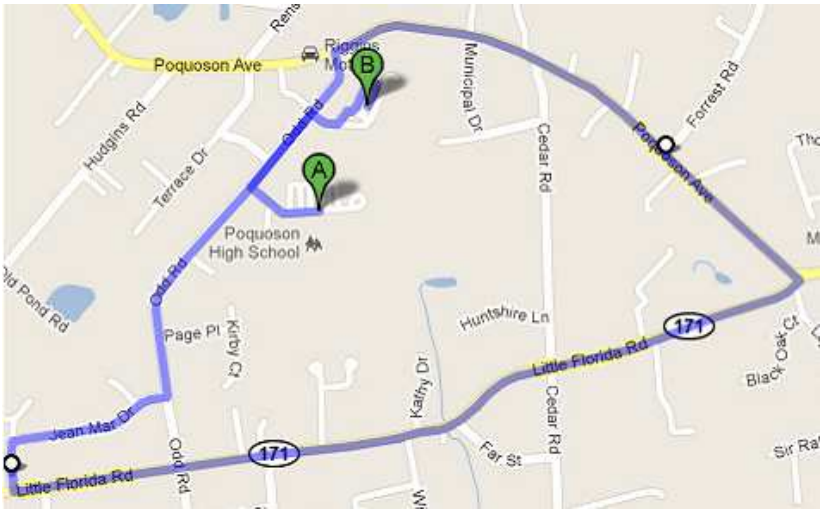
Registration / Questions?

Early Registration by 29 September
($15 for 2011 Participants / $20 New)
$25 for all after September 29

Register online at Happy Pace Races
(757) 784-0960
www.happypaceraces.com

Or mail registration to:
625 Brandywine Drive, Newport News, 23602

- The 1st, 2nd, and 3rd place men and women finishers overall and in the following age categories will receive medallions.
  12 and under 13-19 20-29 30-39
  40-49 50-59 60 and up
- The first 200 registrants will receive wicking fiber (not cotton) t-shirts.



Registration Form

Name:_____

Address: _____

City: _____State: _____

Zip code: _____Phone: _____

Email: _____

Shirt Size: (200 available: first come, first served)

□XL □Large □Medium □Small

□ Runner or □ Walker

□ Male or □ Female

If you are a runner, please circle your age category:
12 and under 13-19 20-29 30-39
40-49 50-59 60 and up

Amount enclosed: $ _____
($15 for 2011 participants by 29 Sept, $20 new participants by 29 Sept and $25 for all after 29 Sept)

Make checks payable to:
Poquoson Kiwanis Club

Waiver of Liability

I hereby signify that I understand that the Poquoson Kiwanis, its local volunteer representatives, City of Poquoson, Peninsula Track Club, Happy Pace Races and all other organizations, persons, and sponsors connected with this event are not to be held responsible for any injuries which I might suffer while taking part in this event or as a result thereof. In this connection, I hereby waive any claims or damages to my person or property. I also grant permission to all the foregoing to use photographs, videos or audio recordings of the event for any legitimate purpose.

Signature (parent if under 18) Date

_____

For Kiwanis Use: Bib # _____Check # _____